Stop the Spread of Germs

Using a Face Covering Effectively

Use anything that covers your nose and mouth.

Leave surgical masks and N95’s for healthcare workers.

Masks should fit snugly, be secured with ties or ear straps, and not restrict breathing.

Face coverings should be multiple layers.

Your mask or face covering should be able to be machine washed and dried.

Only touch the ties or ear straps, not the front, and wash your hands after handling.

For more, visit: www.mass.gov/CoverYourFace