

QCC Mentoring February 2021 Area of Focus: Recharging (or starting!) Your Mentoring Relationship

The past semester has been challenging for everyone: Mentors and Mentees alike. We hope you can take some time this month to reflect on the previous semester of mentoring, and get ready to recharge and enhance your relationship! **For those new matches**, please go through our first match Area of Focus together, found here: https://www.qcc.edu/files/october_2020_area_of_focus.pdf

For all Matches:

Please take some time to talk about how the fall semester went: Did the student meet the goals they set out at the beginning of the relationship? Did the Mentor? How can you be creative to overcome any challenges you are facing? If you were not able to attend our kick off event, you are welcome to watch our three speakers, Dr. Luis Pedraja, Mentee Lovely Cleary, and Mentor Letisha Amuwo. The videos can be found here: https://youtu.be/rss0uoCoDKo?list=PLrbDjpryPgmmW1_b_luhQWZsG2RdwKL9W

During the Spring Kick Off Event, all participants worked together to brainstorm new questions and activities that can be explored in a mentoring pair. Please look through the list here: and see if any of these activities would be a good fit for your match:

https://www.qcc.edu/files/mentee_and_mentor_developed_activities.docx

At the end of your meeting, please take a moment to review the Covid Student Resource Sheet. Has the mentee (or the mentor) been struggling with any of the common issues listed below? Are they interested in accessing any resources that area available at QCC?

https://www.qcc.edu/files/covid_student_resource_list.pdf

Enjoy the Beginning of the Spring Semester!