

## QCC Mentoring Area of Focus: End-of-Year Meeting

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As the academic year comes to an end, this area of focus is intended to help you consider how your mentoring match has impacted your academic and/or professional life and to consider your future goals.

Below are some questions to discuss in your final meeting of the spring semester.

1. What has been most valuable from your match?
2. Would you like to maintain communication going forward this summer?
3. What feedback do you have for one another based on what you have learned?
4. What is your most important goal going forward?
5. How can lessons from your mentoring relationship help your path towards that goal?

## Writing SMART Goals for the Future Activity

**SMART** is an acronym tool aimed at helping you manage your goals. Below is each step to making your goal “**SMART**.” The mentee and mentor can both create **SMART** goals for the upcoming year. If the mentee is graduating or transferring from QCC, use these goals as a guide for the transition. Discuss how both mentee and mentor goals can be bolstered by these ideas as the academic year closes.

**Specific**: Make your goal specific. Think about the who, what, where, when, and why of your goal.

**Measurable**: Consider how you will measure success in achieving your goal. This can include success in both the process of attaining your goal and the ultimate completion of your goal.

**Attainable**: Decide if your goal is possible. If it is not, how can the goal be reconsidered to make it more achievable for you?

**Relevant**: Is this goal related to your happiness and future success? Think about the “why” behind your goal. Why is this goal meaningful to you?

**Time-Bound**: Create deadlines or timetables for finishing steps along the way to completing your goal. Creating a calendar plan for your goal can provide structure and reassurance that you know how you will achieve it.

# Mentee and Mentor Goals Chart

<u>Mentee Goals for Fall</u>	<u>Mentor Goals for Fall</u>

## QCC Mentoring End of Semester Survey and Contributions for our June End of the Year Message

**End of Semester Surveys** completed individually by both the mentee and mentor help QCC Mentoring improve the program going forward. Please complete the survey sent to you in the accompanying email. You can also use the links below.

### **Mentee End of Semester Survey:**

<https://survey.alchemer.com/s3/4392988/Mentee-Evaluation>

### **Mentor End of Semester Survey:**

<https://survey.alchemer.com/s3/4392955/Mentor-Evaluation-Form>

We are also looking for some information to share with all participants in the mentoring program about the year in QCC Mentoring. If you can share some thoughts on the year, we will publish them in our **June End of the Year Message!**

There are some additional questions to answer in the **End of Semester Surveys** for this purpose, but we also encourage **mentees** and **mentors** to submit fun photos of themselves! A couple of ideas could be to send photos of you and your mentee or mentor from one of your Zoom meetings, or if you will be graduating you could send a photo in your cap and gown! Mentees and mentors can also tell us about any exciting upcoming summer plans, or if you will be starting a new internship or job opportunity. Get CREATIVE! We are excited to see what you'll come up with, and we can't wait to celebrate QCC Mentoring and YOU!

**Any photos and other submissions can be sent online here:**

<https://www.dropbox.com/request/uQJJvJvIB6TPaXGdoHcz>