



***WellConnect for Faculty and
Staff
at
Quinsigamond Community
College***



About WellConnect by Student Resource Services

- In collaboration with the College, our services identify and assist students who must balance college with their personal lives to be successful in their progress to degree
- Assist higher education institutions as an effective partner in their retention strategies
- For more than 20 years we have worked with colleges and universities to understand and support the unique needs of their students



Pressures that Can Prevent Success

- Relationships
- Children
- Money
- Job
- Illness
- Transportation
- Stress
- Anxiety



Support for Your Students

Counseling and Coaching Support

Master level, licensed professionals

- Minimum 5 years post graduate experience

Telephone consultation & coaching

- Assess the student's needs
- Develop action plan
- Problem-solving and coaching

Short-term face-to-face & telephonic counseling

- 1-3 sessions per issue, at no cost for the student
- 24/7 access to a counselor for in-the-moment support

Resource Coordination

- Assist with daily living needs
 - Housing, Utilities
 - Food, Clothing, Diapers
 - Childcare
- Legal Expert
 - Child custody
 - Divorce
 - Contract language
- Financial Expert
 - Bankruptcy
 - Credit Card problems



Website

- Comprehensive website created by NASPA
- Browse articles, tip sheets, links, calculators, videos and trainings on a wide range of student related topics
- **Topics include:** Drinking, Anger, Bullying, Financial Discipline, Grief and Loss, Study Tips, Time Organization, Student Health, Interviewing Tips and more!

Anonymous Screening Tool

Embedded in the CU Thrive website are anonymous screenings from CollegeResponse[®], a program of Screening for Mental Health. CollegeResponse[®] promotes the **prevention, early detection** and treatment of prevalent, often under-diagnosed and treatable mental health disorders and alcohol problems through online screening. *CollegeResponse Gives Your Students: The opportunity to **self-screen** for **depression, bipolar disorder, PTSD, generalized anxiety disorder, eating disorders, and alcohol use disorders.***



Confidentiality

- The student's contact with WellConnect is confidential
- No information is disclosed to anyone at the school without the student's written consent (formal referral)
- One exception: "duty to warn"
 - Bound by law to report to appropriate authorities in risk of suicide, homicide, or abuse.

Our Partnership

- Support to faculty & staff
 - Available as a resource to support you in your role
 - Immediate clinical/coaching support for high risk students
- Referring students to WellConnect allows you to:
 - Express concern for your students
 - Maintain your boundaries
 - Mitigate the risk
 - Fulfill your role

Consultations

Faculty and staff have called for consultation on a variety of situations, including, however not limited to:

- Concern for a student that may have disclosed thoughts of self-harm (if an emergency use campus police)
- Dealing with a disruptive student in their class
- Students having inappropriate communications with faculty or others.

WellConnect Referrals

Student Self-Referral

- Student is aware that a problem is interfering with his or her ability to concentrate, be on time, or perform in class. Notices a poster, wallet card, or a faculty member reminds the student about the program
- Continual promotion of the program on campus

Faculty/Staff Referral

- You become aware of a student's difficulty or distress
- Student mentions high stress levels or emotional distress

Formal Referrals

What is a formal referral?

- Where serious student emotional/behavioral issues are affecting school performance, and
- You want feedback on student progress with WellConnect.
- Collaborative process with WellConnect to ensure student follow through on connecting with the right support.

Integrating the Program

- Introduce WellConnect during orientations
- Distribute brochures to all new and existing students
- Remind students of the program the first week of each term, before exams and other critical times
- Discuss WellConnect or possible student referrals at faculty and staff meetings
- **Get Everybody Talking!**



Questions?

