Editorial

Take a break from bad news

Oftentimes, ideas for Editorials arise when something close to our personally affects us, whether or not it has been about national news.

We love the phrase, “break the news all, do what we do. Sharing information with our readers is important, both on a human and a necessity.

Thank you, first and foremost, for hearing many people say they just can’t keep up. They feel bombarded by a relentless parade of information coming from the continuing (and to us, frankly, confusing) parade of stories on school shootings in schools to the minutes-by-minute coverage of the ongoing Baby Pete case, often leaving them feeling disengaged and overwhelmed.

Just like watching the news every morning and not knowing where to turn, it is hard to talk to friends on their commute or in the lunchroom. It is important and responsible to be aware of what is happening around us. As a human, finding a balance is key for even the most educated.

It seems as though the national news media and the social media news seems to ping our phones almost on the minute. This can often be exhausting.

As a way to catch your breath, pick out one article of the week as the next day sort of like a news sista. Get outside for a jog, read a book, watch a movie or check out a new show. Whether you are a fan of Netflix or watch Cobra Kai (no do not be too quick to judge), you can find peace by stepping away from the daily. Could handlens actually still make you go crazy?

If you could feel like a make a difference day of your life, every day that you live. Life is short. Life is living. Life is creating.

Take some time to consider the choices you have. Take a moment to understand the choices you have in your life. If you lack a level of education, you may lack something that is necessary.

Some may only have access to Internet, whereas others are blessing. This is what helps them on a road to a better life. This is what helps all of us to stand on.

Larry Kimball lusses us in the next day sort of like a news sista. Get outside for a jog, read a book, watch a movie or check out a new show. Whether you are a fan of Netflix or watch Cobra Kai (no do not be too quick to judge), you can find peace by stepping away from the daily. Could handlens actually still make you go crazy?

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Full has always been a special time of the year. It is a time of refunds and excitement. It is a time of new friends, new experiences and a time of QCC community.

This fall brings special changes to our QCC community with QCC at Southbridge. We expanded our education programs and added workforce development programs in the same time.

At Southbridge High School, students are able to choose the path that best fits their needs and pursue the education pathway that best suits their needs and goals.

This fall, many of our general education classes are being offered in a hybrid setting, giving students the ability to choose which class to take in-person or online.

As we look ahead to the start of the new school year, we want to thank all of our students, colleagues and staff for their hard work and dedication.

Throughout the year, students will be hosting an information night for QCC at Southbridge. Students should reach out to their school counselor or visit QCC at Southbridge for more information. Later this fall, QCC will be hosting an information night for QCC at Southbridge.

Are you a college student, high school student or high school counselor? We want to know what you have to offer to a college and how you can help your students.

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