

## Be Social from a Distance!

1. Netflix Party:
  - a. Watch Netflix remotely with friends with Netflix Party! It is a google chrome extension for watching Netflix shows, movies, etc. at the same time but remotely with friends. For example, create a movie night, stream your favorite shows. Netflix party is able synchronize video playback and has a group chat feature for conversation! <https://www.netflixparty.com>
  
2. Organize virtual meal times with friends or family via Zoom, Skype:
  - a. Are you used to meeting peers for breakfast, lunch or dinner at the dining hall? This might be the perfect alternative. Getting everyone together for dinner or lunch on a daily basis is a great way to continue to meet for a meal but also share laughs or healthy conversation.
  - b. Fun fact: Skype lets you put together video calls of up to 50 people at once. everyone together.
  
3. Virtual tours for free:
  - a. There are tons of free virtual tours of museums, galleries, concerts, and more from around the globe. CNN Style put together an array of resources that folks can access and view from their homes. <https://www.cnn.com/style/article/what-to-do-at-home-streaming-art-museums-concerts-coronavirus-trnd/index.html>
  
4. Online Fitness Classes:
  - a. Used to working out at the Campus Rec Center? Keep an eye out for virtual fitness classes on their facebook group: "UMass Lowell Campus Recreation Virtual Fitness & Wellness". In the meantime: YouTube has a variety of great fitness videos to keep you active and healthy. "[Yoga with Adriene](#)" and "[STRONG by Zumba](#)" are fun, easy, classes that are perfect for a home or outdoor setting.
  
5. Organize virtual game nights:
  - a. Again, BYOS (bring your own snacks)! Create a game night with peers through virtual gaming websites that allow multiple plays to compete against each other such as "Words with Friends" or "Trivia Crack". Or, Lifehack.com has created a list of web-based games to access here: <https://lifehacker.com/you-can-play-these-games-online-with-friends-1842347093>