

## QCC Mentoring Student Resource List: Issues Stemming from COVID

*Many members of our college community are struggling with issues related to the pandemic, and the associated economic recession. This list is meant to list some resources here at QCC that are available to our students free of charge, which can help them remain enrolled at the college. This list is not meant to be exhaustive, but can be a good place to start.*

### Students Struggling with Economic Circumstances or Insufficient Technology

- If the student is behind on tuition, or uncertain on their financial aid package, please have them email our financial aid office, who can help students in a variety of circumstances: <https://www.qcc.edu/financial-aid-scholarships>
- If a student is struggling with food insecurity, please have them visit our QCC food pantry website: [https://cm.maxient.com/reportingform.php?QuinsigamondCC&layout\\_id=9](https://cm.maxient.com/reportingform.php?QuinsigamondCC&layout_id=9)
- If the student is struggling with economic circumstances beyond tuition, they can apply for an emergency financial assistance grant from the college, **including funding for laptops or wireless hotspots**: <https://www.qcc.edu/admissions/financial-aid-scholarships/emergency-assistance-grants>
- There are various community agencies providing mental health, financial, and housing assistance for students, which are listed here: [https://theq.qcc.edu/ICS/Student\\_Services/Community\\_Resources.jnz](https://theq.qcc.edu/ICS/Student_Services/Community_Resources.jnz)
- Students can view the Mutual Aid Worcester page, a social network support system for Worcester Based individuals to share resources: <https://mutualaidworcester.org/>

### Students Struggling to Succeed Academically

- The first step for students who fall behind academically should always be to inform their professor. QCC Professors are dedicated to student success, and at this time are committed to working with students to complete their coursework.
- The QCC Tutoring Centers can be a great resource for students in any area. Students can drop in virtually, and meet with tutors in an individual or group setting: <https://www.qcc.edu/services/tutoring>
- If a student has not registered for classes, or is unsure about what classes to take, they should first contact Academic Advising: <https://www.qcc.edu/services/academic-advising>

### Students Feeling Overwhelmed, Isolated, or Emotionally in Distress

- If a student is feeling overwhelmed, depressed, or struggling to stay motivated, they can always reach out to our counseling center. QCC Counselors can provide free therapeutic counseling to any college student: <https://www.qcc.edu/services/office-counseling-and-wellness>
- If a student is feeling isolated, or disconnected from the college community, they can participate in some of our virtual student life programming. They can view our website here, or read the weekly student life publication which has a list of weekly events: <https://www.qcc.edu/student-life/student-affairs>

*You can always search through our QCC Mentoring Resources Map for additional support:*  
[https://www.qcc.edu/files/spring\\_map\\_of\\_support\\_services\\_qcc\\_mentoring.pdf](https://www.qcc.edu/files/spring_map_of_support_services_qcc_mentoring.pdf)